



NAR SPORTS EDUCATION PACK



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WHO ARE WE?

NAR Sports Education has over 40 years experience of delivering primary sport, our vision is to inspire the next generation to be active and develop important social and life skills. Our programme is available to every primary school in England and Wales, it inspires girls and boys aged between 5 and 11 in the classroom, the playground and on the sports field.

Adam and the team work with teachers to deliver fun, educational sessions in a range of subjects within local partner schools. This booklet outlines our continual professional development programme and innovative delivery in PE, English, Maths & PSHE.

All our bespoke plans are impact driven and staff use a variety of methods to ensure we are able to demonstrate the positive changes our delivery has on the pupils we work with. All staff delivering our programme have completed, or are working towards their AfPE level 3 qualification as well as having a minimum of one level 2 sports coaching qualification and an enhanced DBS.

For more information email adambeasley@narsports.co.uk or adamlandstrom@narsports.co.uk

Our offering enables a school to have access to a regular member of NARsports staff for 36 weeks of the school year for one day a week. Schools will be able to utilise the staff member for both curricular and extra-curricular sessions and will have the flexibility to adapt lesson content to suit individual needs.

Examples of typical days are below:

	9.00am - 10.00am	10.00am - 11.00am	11.00am - 12.00pm		12.30pm - 1.00pm	1.00pm - 2.00pm	2.00pm - 3.00pm	3.30pm - 4.30pm
Day 1	Active Maths	Active English	PSHE	LUNCH	Lunch Club or Play Leaders Training	CPD	CPD	After School Club
Day 2	PPA	PPA	PPA		Lunch Club or Team Training (for competitions)	PPA	PPA	After School Club



WHAT WE OFFER

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The joy of our program is that schools are in control. Meeting and discussing what the vision is for the school is vitally important in us creating the right curriculum. With the wealth of knowledge and expertise we have, we work together to achieve this. Our offer of bespoke days is one of many reasons that helps with pupils and staff engagement.

Build your vision from the areas below. If you can't see something you would like, get in touch with the team - anything is possible.

- 1 to 1 Teacher CPD
- Active Maths
- Maths Challenge Day
- Reading Challenge
- Skills Builder
- Healthy Eating
- My Mental Wellbeing
- Active Literacy
- NAR English programme
- Extra-Curricular Clubs
- World of Work
- Moving on Up Transition programme
- Health Based PE
- Play Leader Training





NAR HAVE BEEN NOTHING BUT AMAZING WITH OUR CHILDREN AND STAFF.

WE ARE LOOKING FORWARD TO DEVELOPING OUR SPORT PROVISION TOGETHER.

PAIGE WHITMORE HEAD OF PE EDENHURST SCHOOL

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PE BREAKDOWN

EXTRA CURRICULAR CLUBS

We provide Lunchtime and After School clubs to all year groups.

A range of sports are offered and we are always looking to signpost pupils from extra curricular clubs to further opportunities in the community.

Sports we deliver are:

- Football
- Gymnastics
- Tennis
- Cricket
- Netball
- Hockey
- Tri-Golf
- Rounders
- Multi-sports
- Tag Rugby
- Athletics
- Basketball

We will promote your extra curricular club by delivering an assembly as well as providing your school with after school letters.







NURTURE | ACHIEVE | RESPECT

We are super excited to have you as part of our journey and look forward to seeing you soon.

Team NAR

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